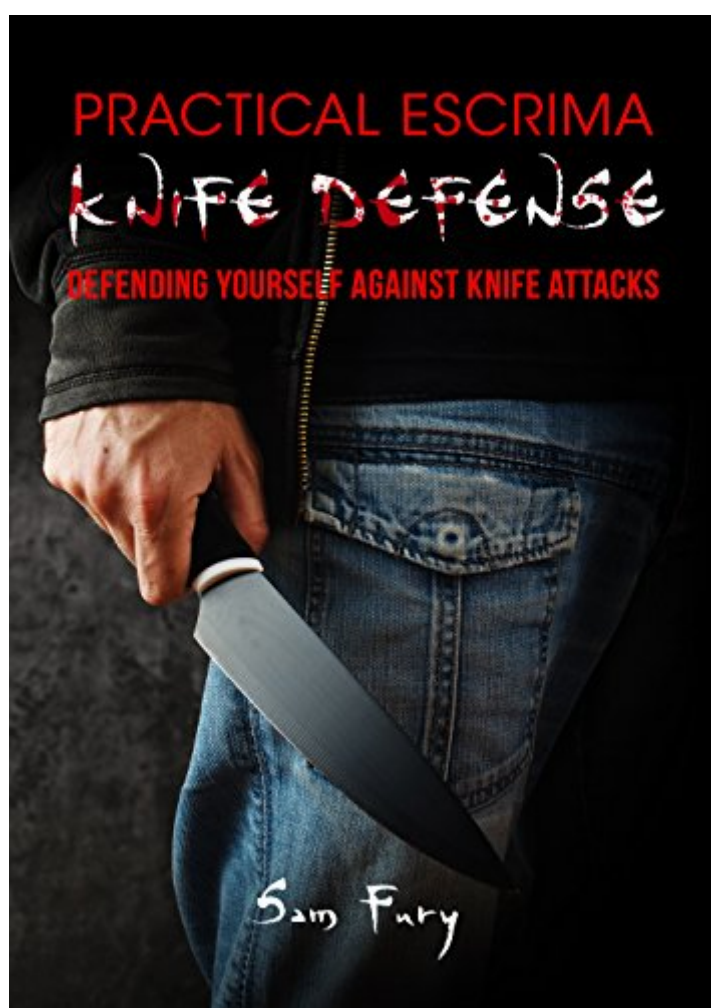


The book was found

Practical Escrima Knife Defense: Defending Yourself Against Knife Attacks (Vortex Control Self-Defense Book 2)



Synopsis

Discover Highly Practical Knife Defense Techniques! Practical Escrima Knife Defense: Defending Yourself against Knife Attacks is the second volume in the Vortex Control Self-Defense Series. The focus of this book is on knife-defense. Knife-defense is the ability to defend yourself against an attacker that has a knife when you are un-armed. Written with the approval of Peter Sunbye (the creator of Vortex Control Self-Defense), Practical Escrima Knife Defense covers everything you need to know in the knife defense portion of Vortex Control Self-Defense. Practical Escrima Knife Defense Includes 40+ knife disarming techniques! Knife training flow drills so you will be able to apply the techniques instinctively. Disarm, induce pain, break his limb, and/or make him stab himself! Techniques for all angles of attack.... and much, much more! LOOK INSIDE Practical Escrima Knife Defense: Defending Yourself against Knife Attacks to see everything that's included! *** Excerpt from VortexControlDefence.com *** There is an ongoing debate about the efficiency and real usability of different defenses against knives and sharp objects. Also, there are different opinions on the focus of the defense. Our system (Vortex Control Self Defense - VCSD) attacks the attacker as well as the knife wielding hand. The "block/grab" knife defense system by GM Larry Alquezar is the foundation of our system. It has been shown to be very effective in the use against other objects. This foundation is instilled into the practitioner through flow drills, retention drills, and extension into realistic use. *** End of Excerpt *** Get your copy of Practical Escrima Knife Defense NOW and be ready for any knife attack! Read Practical Escrima Knife Defense and you will learn everything you need to be able to train in, apply, and progress, in this highly practical method of modern knife fighting defense. Clear and simple instructions. Easy to follow diagrams. Suitable self-defense for women, men, young, and old! Practical Escrima Self-Defense Bonuses Get access to all the latest Survive Travel publications FREE! Bonus chapters Vortex Control Self-Defense Principles and Knife Attack. Learn the best way to attack when you are the one with the knife. The use of power angles for an unbreakable defense. Simple yet devastating fighting strategy following military principles of warfare. The concept of "weaponizing" to get the most damage out of all your movements. Harnessing gravitational forces to maximize power in all your strikes.... and much, much more! Get your copy of Practical Escrima Knife Defense NOW and be ready for any knife attack!

Book Information

File Size: 4148 KB

Print Length: 69 pages

Page Numbers Source ISBN: 1542881781

Publisher: Survive Travel Publications (January 31, 2017)

Publication Date: January 31, 2017

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B01N39ZPE1

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #225,593 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #45

inÃ Â Kindle Store > Kindle eBooks > Nonfiction > Sports > Extreme Sports #92 inÃ Â Books >

Sports & Outdoors > Extreme Sports #151 inÃ Â Kindle Store > Kindle Short Reads > Two hours or more (65-100 pages) > Sports & Outdoors

Customer Reviews

Too many authors writing too many books on this topic. Sam Fury is one of only a handful of writers who knows what he is talking about: he is a martial arts expert and was in the military. As with any topic, the person you should listen to is the one with the most experience. Sam Fury has that experience. Recently I had a encounter with someone and had no idea how to defend myself reading this book has taught me the necessary skills to defend myself. This book is one of the best on the topic.

Sam Fury does an excellent job via this book in providing the necessary information you need to defend themselves from a would-be knife attacker. I urge you to read this book - you'll be glad you did!

Good info. Sometimes hard to interpret due to language difference. Overall, pretty good.

brief but practical look at a serious sybject

If any of you want to know the art of knife defense then this book is perfect for you. The author put a lot of effort in writing this book and I can vouch for his knowledge about the topic. It was very informative and detailed that even if you are just reading the book, you can actually visualize how the process works. Perfect self defense book to read about.

[Download to continue reading...](#)

Practical Escrima Knife Defense: Defending Yourself against Knife Attacks (Vortex Control Self-Defense Book 2) Vortex Control Self-Defense Bundle: Hand to Hand Combat, Knife Defense, and Stick Fighting Survival Self Defense: Keep Yourself And Your Family Protected (Self Defense Gear, Home Defense Tactic, Self Defense Equipment) Knife Training Methods for Self Defense: How to Become a Pro at Knife Fighting: (Self-Defense, Self Protection) The Science of Soccer Team Defending: Professional Defensive Drills Defending Principles & Strategies Pressing, Zonal Defending & Zonal Pressing Knife Makers Handbook - Guide to Knife Crafting and Sharpening (Knife Sharpening, Knife Making, Bladesmith, Blacksmithing) Krav Maga Defense: How to Defend Yourself Against the 12 Most Common Unarmed Street Attacks Self Love: F*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion, Love Yourself, Affirmations Book 3) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Combat Knife Throwing: A New Approach to Knife Throwing and Knife Fighting, Revised and Updated (illustrations) Building the Everyday Work Knife: Build your first knife using simple knife making tools and methods Making a Modern Tactical Folder: Tips on How to Make a Folding Knife: Learn how to make a folding knife with Allen Elishewitz. Knife making tips, supplies ... how to make custom tactical folding knives. Tom Clancy's Op-Center: Defending Freedom Collection (Defending Freedom Collection) How to Survive a Robot Uprising: Tips on Defending Yourself Against the Coming Rebellion How to Fight Presidents: Defending Yourself Against the Badasses Who Ran This Country The Narcissist You Know: Defending Yourself Against Extreme Narcissists in an All-About-Me Age Psychic Self-Defense: The Classic Instruction Manual for Protecting Yourself Against Paranormal Attack NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness (Navy Seals Mental Toughness) Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Defending Your Brand: How Smart Companies use Defensive Strategy to Deal with Competitive Attacks

Contact Us

DMCA

Privacy

FAQ & Help